

Psychological Crises Experienced in Children from Faulty Families

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Abstract:

This article presents opinions about the psychological characteristics that are observed and formed in children who grow up in a dysfunctional family.

Keywords: parents, family, conflicts, absence, crisis, age periods, conflict, conflict types.

Having a child in the family requires serious attention to his education. But due to some social or personal reasons, the family breaks up and the child is separated from the parents without considering the wishes of the child. That is, he will become an orphan alive. It is as if the father is leaving his life behind after falling in love with another woman. There are also cases where the mother leaves her child to grandparents or an orphanage and gets married. As a result, the baby will be left without parents.

Some mothers sacrifice their lives for the sake of their only child and vow to live alone for a lifetime. For a child, a parent is a role model. Although there are flaws in this standard, the child still has the opportunity to use its positive aspects. Absence of a father, dominance and headship of a single mother lead to an imbalance in the family.

Regardless of the reasons for the divorce, a mother should raise her child in a spirit of respect for the father. Pain and hatred towards her husband is also "infected" to the child. When a child hears hateful thoughts and "facts" about his father, he will be raised in a hostile mood not only towards his father, but also towards the world. The child misses his father (mother), who suddenly became "bad", wants to understand the inner world of the mother (father), who has become lonely.

Sometimes a father or mother "disappears" not because of divorce, but because of death. In this case, it becomes difficult for parents to explain and educate the child. Both separation and death are heavy losses for a child's psyche. If the mother intends to turn the child into a weapon of war and

raise him in the spirit of resistance to the father, she will cause even more mental pain to the child. Under this psychological trauma, the child sees himself in the image of his father. At school, he tries to understand that other people's father is "good" in his childish mind. As the mother assumes the sole authority in the family, she tries to be more strict with her child so that he does not become like his father and grows up to be responsible. This causes the child to fall into a situation of helplessness. If the father's strictness is accepted as "normal" by nature, the mother's strictness is accepted by the child as "unkindness".

At the heart of the mother's extreme strictness, the mentality of a child who does not have his own decision, whose range of thought is limited, who cannot defend his goal, appears. The set of skills is mainly formed in the family. In this sense, the family is the center of true spirituality, the environment of the educational factor. Therefore, the first concepts specific to our national ideology were absorbed into the human heart and mind first of all in the family environment. This process is carried out through grandfather's education, father's example and mother's love. Efforts to strengthen the moral, spiritual and spiritual integrity of families in our independent country are increasing day by day. The concrete program measures of our government to ensure the stability of the family, to expand the possibilities of implementing its social functions, especially to help increase the influence of the family in raising children, and to improve the material and living conditions of young couples, are the values of family and marital relations in our country. ensures recognition. After all, as the head of our state Shavkat Mirziyoyev said; "A family is a small homeland, if the family is peaceful, the homeland will be peaceful." The current state of the development of the society puts new social tasks before the family. Scientific and technical progress, industrial relations, human interaction, and the scope of relations are creating emotional and emotional changes in the human psyche, and these are also affecting the nature of family life. Characterizing the family as a value and emphasizing its influence in the life of society, together with studying the role of factors that strengthen it, especially preparing young people for family life, forming confidence in the future, and a sense of responsibility for the fate of their people and country is of great importance. It is an urgent issue. Because Uzbekistan is one of the countries where official marriages are increasing year by year, reducing marriage divorces is of even greater importance. This is directly related to the formation of correct ideas about family and marriage, future life in young people, and their upbringing in the spirit of optimism.

Unfortunately, despite the efforts being made, marriage divorces are still recorded among young families due to the fact that young people are not psychologically ready for family life and do not have clear ideas about the healthy spiritual environment of the family. is being done. If there is only one father or mother in a family, such a family is called an invalid family. When talking about a dysfunctional family, it should be emphasized that dysfunctional families arise in different ways. The family may become dysfunctional due to the death of one of the spouses or their divorce. Of course, the death of a father or mother in a family is a great tragedy, but in such families, respect for the spirit of the deceased, positive attitudes towards him and his honor are preserved. However, "living orphan" children remain in the dysfunctional families caused by the divorce of the spouses. "Living orphan" is more strongly condemned among the public, especially in children's groups (kindergarten, school, peer group).

Divorce has a negative impact not only on divorced couples, but also on children who live without a father as a result of divorce. Especially, divorce has a negative effect on the feelings of a girl child living without a father, her love for her mother, the image of a father formed in a girl child, and the psyche of a girl growing up without a father. Often, when people who are divorcing are asked the reason for the breakup, they try to give reasons that are the same for everyone. For example, "our character did not match", "other person's interference", "rudeness", "financial difficulties", "drinking", "inconvenient living conditions", "inappropriate parental interference" etc. It should be

emphasized that the stronger the spiritual and spiritual climate in the family and the better the spouses understand each other, these "reasons" cannot be the main reason for the crisis of the family. In the opposite situations, the number of single-parent families increases, family or relative enmity arises, hatred of one gender towards the other gender appears, prostitution increases, skin and genital diseases increase, and the social activity of a person decreases. In men, alcohol causes an increase in the sense of privacy, addiction to drugs and alcohol, and various diseases. In women, divorce can lead to increased feelings of loneliness, limited opportunities to start a new family, neuroses, stress, various diseases, and suicide. We promote self-sacrifice for the family, and we consider this characteristic in them to be the most important quality of femininity. But it is precisely such women who gradually begin to distance themselves from their feminine essence, begin to forget their personal bodily egoism, and the fact that they are women.

For them, such a way of life seems to be satisfactory, even though they feel happy, but unconsciously, this situation causes them a mental state - frustration, dissatisfaction, nervousness, creates conditions that cause mental discomfort such as resentment. Countless opinions can be said about the positive manifestations of mutual relations between father and mother, parents and children, and children in Uzbek families.

At first glance, such relationships built on the basis of manners, morals, and ideas seem to be enough to form a complete social individual. All this should be enough for the happiness of the family and the satisfaction of the family members. But, unfortunately, the large number of divorces, the fact that there are enough families who are not separated, but living happily, shows that we are not taking into account something, we are forgetting something, we are not paying enough attention to something. In our opinion, this woman's "personal physical egoism" may be the thing that is left out of this context. Incomplete satisfaction of a woman's "personal bodily egoism" causes frustration (a mental state characterized by the presence of unsatisfied stimulated needs) in her. As a result, a woman feels disappointed in her life, nervousness, anxiety and despair. A mother's condition has a negative impact on the personal development of her child, who is her successor. It is well known that a mother who cannot enjoy life, who has distanced herself from her inner essence, who has lost her personal bodily "egoism", supposedly lives in a "mask" and creates a trap for her child. Due to the limitation of her emotions, such a mother feels a strong need to keep her child in emotional dependence, and for this purpose creates a unique way of interaction with her child. Such a situation, which plans a long period of "infantility" (inhibition of the physical and mental development of the organism), teaches the child a primitive way of relating to his mother, stops his movement towards development in love, and requires the child to necessarily fulfill any secret wishes of the mother. To be a good mother, first of all, you need to be a woman and a happy person. Sacrificing yourself, your life, all your natural needs for children and family does not mean being a good mother. Such a mother, first of all, deceives herself, and in addition, without her will, unconsciously destroys the development of children's personality.

Mental stress in family conditions is the incomplete composition of family members, the complexity of mutual relations, women's constant busyness with household chores in addition to working in production, state organizations, fatigue Lack of enough rest causes various body diseases, depression, nervous conditions, family harmony. In addition, children who spend a lot of time in front of the TV or computer as a result of indifference to child-rearing are observed to enter the world of adults before the due date. Children who grow up in dysfunctional families do not witness the integral relationship between husband and wife, so they grow up without a complete idea of this relationship. It is natural for a single girl, who is busy raising a child and raising him to adulthood, to create negative concepts about the father who left in the child's imagination, especially if this divorce left behind heavy feelings. A boy growing up without a father, the more he hears negative opinions about men, the more he finds it difficult to believe that these concepts are

wrong. This difficulty causes an internal struggle in him. A son who was pampered a lot by his mother or who came to the opinion that women are the priority in the society develops indifference and disdain towards men. In many cases, a boy's desire to help a single mother prompts him to give up a free life. As a result, as a result of being in front of their mothers, many boys lose their attention to the opposite sex, or on the contrary, they go against their mother and leave the house, disrespecting the mother and the woman.

As the feeling of guilt increases, such children form a harsh treatment towards women or, on the contrary, live in obedience to them throughout their lives. In addition, in a dysfunctional family, the mother assigns the role of the father to the eldest son, putting an end to the position of the son. yish is also observed. In most cases, single mothers involuntarily give their young sons moral support, i.e. with comments such as "I will see from you what I did not see from your father", "you will do the same to me when you grow up, you will bring something like this" to the child's youth. he loses the innocence characteristic of his time and puts the responsibility of an adult on him.

A girl growing up in a dysfunctional family may have a wrong approach to the relationship between a man and a woman. It is observed that his personal sexual identification is variable, that is, he is submissive in life, agrees to everything, does not demand anything, or, on the contrary, does everything independently and demands freedom. An example of this is the process of emancipation that is developing today. That is, a single woman who has shown dexterity, determination, and entrepreneurship in raising a child and has taken all the problems in the family on her shoulders, may not get used to the man's superiority or the man's solving the problems after the child gets married. However, if a woman-mother has the right attitude towards men, she does not create a negative concept in children. A woman has the opportunity to form a positive attitude in her children towards the men she knows and respects. They can be a woman's father, brothers, acquaintances. In the above cases, it is necessary to increase the productivity of parents in raising children to the level of instinct, to create traditions that have an educational effect on family members. , psychological, economic, legal, spiritual, moral maturity, having learned the specific features of the psychology of interpersonal relationships, and knowing the features of emotional relationships are important. Because the strength of the family largely depends on the readiness of the young people who are building a family for family life. Therefore, the effectiveness of the work carried out in order to prevent unconscious events that occur in the family life, prevent the breakdown of families and reduce the number of dysfunctional families, and create a healthy psychological climate in them depends on the personality, individual psychological characteristics of the young people who create these families, it depends on how much they are ready to organize their family life accordingly. Today, this issue requires more urgency and has risen to the level of state policy. Because the development of our independent country depends on the young people who are the owners of our future, their outlook, the health and stability of the family environment.

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