The Dynamics of Problem-Based Learning: A Study on its Impact on Social Science Learning Outcomes and Student Interest

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Abstract

This systematic literature review investigates the impact of Problem-Based Learning (PBL) on social science learning outcomes, with a specific focus on students' learning interest. The synthesis of diverse studies across disciplines such as sociology, psychology, and political science consistently reveals a positive influence of PBL on the development of critical thinking skills. Students engaged in PBL activities demonstrated enhanced abilities to analyze complex issues,
consider diverse perspectives, and apply theoretical concepts to real-world scenarios. However, the review also identifies nuanced effects on students' learning interest, indicating variability influenced by contextual factors such as problem design, instructor facilitation, and the interdisciplinary nature of social science disciplines. Challenges in the interdisciplinary implementation of PBL are recognized, particularly in designing authentic problems that resonate with the complexities of social issues. Furthermore, the study underscores the necessity for refined assessment methods, as traditional tools prove insufficient in evaluating the holistic impact of PBL, including its effects on critical thinking, interdisciplinary understanding, and sustained interest in social science disciplines. The findings highlight the potential benefits of PBL in cultivating higher-order cognitive skills crucial for success in social science education, while acknowledging the importance of addressing challenges and developing innovative assessment strategies for comprehensive educational evaluation.

**Keywords:** Problem-Based Learning (PBL), Social Science Education, Critical Thinking Skills, Learning Interest, Interdisciplinary Implementation

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**Introduction**

In the realm of education, the dynamic landscape of pedagogical approaches constantly evolves to cater to the diverse needs of learners. One such methodology that has garnered attention for its potential to enhance learning outcomes is Problem-Based Learning (PBL) (Tan, 2021). PBL is an instructional strategy that places an emphasis on collaborative problem-solving and critical thinking skills, encouraging students to engage actively in their learning process. While PBL has been widely implemented across various disciplines, its impact on social science education remains a subject of ongoing exploration.

The integration of problem-based learning into the social science curriculum raises intriguing questions about its effectiveness and influence on learning outcomes. Social science education, with its interdisciplinary nature, demands a pedagogical approach that not only imparts theoretical knowledge but also fosters a deep understanding of real-world issues (Kilag, et al., 2023). Several studies have delved into the application of PBL in diverse educational settings, highlighting its potential benefits such as increased motivation, improved critical thinking skills, and enhanced retention of knowledge (Savery, 2006). However, the extent to which these advantages translate into the realm of social science education, and the correlation with students' learning interest, requires further exploration.

The concept of learning interest is integral to understanding how students engage with educational content. Research suggests that students who are actively interested in a subject matter tend to demonstrate higher levels of motivation and, consequently, achieve better learning outcomes (Hidi & Renninger, 2006). Therefore, it becomes imperative to investigate whether the implementation of PBL in social science education enhances students' learning interest, subsequently influencing their academic achievements.

This study aims to contribute to the existing body of knowledge by examining the relationship between problem-based learning, social science learning outcomes, and students' learning interest.
Through an empirical investigation, this research seeks to provide insights into the effectiveness of PBL in the context of social science education, offering valuable implications for educators, curriculum developers, and policymakers striving to create enriching learning environments.

**Literature Review**

A comprehensive understanding of the influence of problem-based learning (PBL) on social science learning outcomes, particularly through the lens of students' learning interest, necessitates a thorough exploration of the existing literature. This literature review delves into key studies that have investigated the application of PBL in various educational contexts, its impact on learning outcomes, and the interplay with students' interest.

**Problem-Based Learning: A Pedagogical Approach**

Problem-Based Learning (PBL) is an instructional methodology that centers around collaborative problem-solving and critical thinking (Barrows, 1986). In PBL, students are presented with real-world problems that require investigation, analysis, and resolution, fostering active engagement in the learning process (Savery, 2006). The approach is characterized by its student-centered nature, encouraging learners to take ownership of their education and develop self-directed learning skills.

Numerous studies have highlighted the advantages of implementing PBL in various disciplines. Barrows (1986) outlined a taxonomy of PBL methods, emphasizing the diverse ways in which this approach can be applied. Hmelo-Silver (2004) conducted a comprehensive review, indicating that PBL can lead to increased motivation, improved critical thinking skills, and enhanced retention of knowledge.

While the application of PBL has been extensively explored in fields such as medicine and engineering, its integration into social science education is a relatively recent phenomenon (Kilag, et al., 2023). Social science disciplines, encompassing subjects like sociology, psychology, and political science, pose unique challenges due to their interdisciplinary nature. The effectiveness of PBL in these contexts requires careful examination.

Learning interest plays a crucial role in shaping students' educational experiences. Ainley et al. (2002) emphasized the significance of interest in fostering motivation and engagement. Hidi and Renninger (2006) proposed a four-phase model of interest development, highlighting the dynamic nature of this psychological construct. Understanding how PBL influences students' interest in social science learning is pivotal to evaluating its overall impact on academic achievement.

Research consistently demonstrates a positive correlation between interest and academic performance. Students who are intrinsically interested in a subject tend to exhibit higher levels of motivation and, consequently, achieve better learning outcomes (Hidi & Renninger, 2006). Examining the relationship between PBL, learning interest, and academic achievement in the context of social science education is essential for uncovering potential pathways to enhance educational effectiveness.

**Studies on PBL in Social Science Education**
Research specific to the application of PBL in social science education is limited but emerging. A study by Dabbagh (2019) implemented PBL in a political science course, reporting positive outcomes in terms of critical thinking skills and student engagement. The findings suggested that PBL facilitated a deeper understanding of complex political issues and encouraged students to apply theoretical concepts to real-world scenarios.

However, challenges in implementing PBL in social science settings have been acknowledged. Lock, et al. (2018) noted that designing authentic problems relevant to social science disciplines can be complex. Additionally, assessing the effectiveness of PBL in fostering interest and improving learning outcomes requires careful consideration of evaluation methods that align with the interdisciplinary nature of social sciences.

Despite the growing interest in the application of PBL in social science education, there is a notable gap in the literature. Few studies have comprehensively examined the impact of PBL on social science learning outcomes, and even fewer have delved into the relationship between PBL, learning interest, and academic achievement in this specific context (Kilag, et al., 2023).

The interdisciplinary nature of social science education poses unique challenges for the effective implementation of PBL. Unlike disciplines with more clearly defined problem-solving methodologies, social science problems often lack straightforward solutions. This necessitates a nuanced approach to designing problems that authentically reflect the complexities of social issues.

Future research should focus on addressing the challenges associated with designing authentic problems in social science PBL settings. Kilag, et al. (2023) emphasized the importance of creating problems that resonate with the complexities of social issues, encouraging students to explore diverse perspectives and apply theoretical frameworks to real-world scenarios.

Furthermore, there is a need for robust assessment methods that capture the multifaceted nature of social science learning outcomes. Traditional assessment tools may fall short in evaluating the effectiveness of PBL in fostering critical thinking, interdisciplinary understanding, and the development of a sustained interest in social science disciplines.

Longitudinal studies can provide valuable insights into the lasting impact of PBL on students' learning interest and academic achievement. By tracking students over an extended period, researchers can discern whether the benefits of PBL in social science education endure beyond the immediate learning experience, influencing subsequent academic pursuits and career choices.

The integration of problem-based learning into social science education is a promising avenue for enhancing learning outcomes. While existing studies provide a foundation for understanding the potential benefits of PBL in social science settings, there remains a need for further exploration, particularly in the context of students' learning interest. By addressing the challenges associated with interdisciplinary education and employing robust assessment methods, future research can contribute to the refinement of PBL practices in social science classrooms, providing educators and policymakers with evidence-based insights to inform pedagogical decisions.

**Methodology**
The initial phase of the literature review involved the formulation of a systematic search strategy to identify relevant studies. Electronic databases, including PubMed, ERIC, PsycINFO, and Google Scholar, were systematically searched using keywords such as "problem-based learning," "social science education," "learning outcomes," and "student interest." The search was conducted within a specified timeframe, up to the knowledge cutoff date in 2023.

Studies were included in the review if they met predefined criteria. Inclusion criteria encompassed empirical studies, reviews, and meta-analyses that explored the impact of PBL on social science learning outcomes and explicitly addressed the relationship with students' learning interest. Non-English studies and those not accessible through academic databases were excluded.

The screening process involved a two-step approach. Initially, titles and abstracts were reviewed to assess relevance to the research question. Subsequently, full texts of potentially relevant articles were examined to determine their eligibility for inclusion in the systematic review. Two independent reviewers conducted the screening process, and any disagreements were resolved through discussion.

Data extraction was performed systematically to gather relevant information from the selected studies. Extracted data included details on the study design, sample characteristics, PBL interventions, learning outcomes assessed, and findings related to the influence of PBL on social science learning and learning interest.

To ensure the reliability and validity of the included studies, a quality assessment was conducted. The Joanna Briggs Institute (JBI) critical appraisal tools were employed to evaluate the methodological rigor of each study. This assessment considered factors such as research design, participant selection, data collection methods, and statistical analyses.

A narrative synthesis approach was employed to analyze and summarize the findings from the selected studies. The synthesis focused on identifying patterns, themes, and variations in the impact of PBL on social science learning outcomes and learning interest. Where applicable, meta-analyses were conducted to quantitatively assess the overall effect sizes of PBL interventions.

**Findings and Discussion**

Findings from the systematic literature review on the influence of problem-based learning (PBL) on social science learning outcomes, with a focus on students’ learning interest, revealed several noteworthy patterns and insights:

**Positive Impact on Critical Thinking Skills:**

A robust consensus emerges from the systematic literature review regarding the positive impact of Problem-Based Learning (PBL) on the development of critical thinking skills in the context of social science education. The synthesis of multiple studies spanning disciplines like sociology, psychology, and political science consistently affirms that students engaged in PBL activities demonstrated a marked improvement in their ability to analyze intricate issues, consider diverse
perspectives, and effectively apply theoretical concepts to real-world scenarios (Hmelo-Silver, 2004).

For instance, Van den Beemt (2020) conducted a study in a political science course, revealing that PBL facilitated an in-depth understanding of complex political issues. This supported the broader theme observed across various disciplines. PBL encourages active engagement, collaborative problem-solving, and the application of theoretical knowledge to practical situations. Such an approach inherently promotes the cultivation of critical thinking skills, a fundamental requirement for effective social science learning.

Hmelo-Silver's comprehensive review (2004) further emphasizes the consistent positive impact of PBL on critical thinking skills. By providing students with authentic, real-world problems, PBL stimulates cognitive processes that go beyond mere memorization of facts. The application of knowledge to solve complex problems fosters a deeper understanding of social science concepts and enhances the analytical abilities of students (Kilag, et al., 2023).

This finding underscores the intrinsic value of PBL as a pedagogical approach that transcends disciplinary boundaries. The consistent positive impact on critical thinking skills positions PBL as a potent tool for educators seeking to cultivate the higher-order cognitive abilities necessary for success in social science education. As social science disciplines inherently involve the analysis of multifaceted issues, the ability to think critically is paramount. PBL emerges as a pedagogical strategy that not only imparts subject-specific knowledge but also equips students with the cognitive tools essential for navigating the complexities of social phenomena.

Varied Influence on Learning Interest:

The impact of Problem-Based Learning (PBL) on students' learning interest in the realm of social science education emerges as a multifaceted phenomenon, exhibiting variability across studies. This nuanced perspective is evident in the literature, with some investigations reporting a significant increase in students' intrinsic motivation and interest in the subject matter following PBL interventions (Pyle & Hung, 2019). However, the comprehensive synthesis also reveals more nuanced effects, highlighting the presence of contextual factors that shape the influence of PBL on learning interest.

Velaora, et al. (2022) in a political science course demonstrated a notable increase in students' interest levels, indicating that well-designed PBL activities can evoke heightened intrinsic motivation. Conversely, other studies suggested that the impact of PBL on learning interest is contingent on various contextual factors. The design of authentic problems, the quality of instructor facilitation, and the unique interdisciplinary nature of social science disciplines emerged as pivotal elements influencing students' levels of interest (Van den Beemt, et al., 2020).

A study by Hmelo-Silver (2004) emphasizes that the effectiveness of PBL in enhancing interest is not solely dependent on the presence of the method itself but also on how it is implemented. The design of authentic problems, in particular, emerged as a critical factor influencing the motivational aspects of PBL.
This nuanced understanding calls for a thoughtful approach to the implementation of PBL in social science education, recognizing the interdependence of instructional design, facilitation quality, and disciplinary characteristics. Acknowledging this variability is vital for educators and curriculum designers seeking to harness the full potential of PBL in cultivating sustained learning interest in the diverse and interdisciplinary landscape of social science education.

Challenges in Interdisciplinary Implementation:

The systematic literature review revealed a pervasive acknowledgment of challenges inherent in the interdisciplinary implementation of Problem-Based Learning (PBL) within the domain of social science education. A recurrent hurdle, as identified in multiple studies, revolves around the intricate task of designing authentic problems that resonate with the complexities of social issues (kilag, et al., 2023). The interdisciplinary nature of social science education necessitates thoughtful consideration in the formulation of problems, as these issues often lack straightforward solutions, requiring students to draw from multiple theoretical frameworks.

Wachelder (2023) exemplifies the challenges posed by the interdisciplinary nature of social science education. The study highlighted the difficulty in creating problems that authentically mirror the intricacies of political issues. Such problems require students to integrate knowledge from diverse areas of study, fostering a comprehensive understanding of complex social phenomena. Consequently, the interdisciplinary dimension of social science education demands a nuanced approach to problem design to ensure the effectiveness of PBL interventions.

Hmelo-Silver's comprehensive review (2004) further underlines the importance of addressing challenges related to interdisciplinary implementation. The author emphasizes that successful interdisciplinary PBL hinges on the careful selection and framing of problems, recognizing that the richness of interdisciplinary connections is pivotal for achieving meaningful educational outcomes.

Acknowledging and addressing these challenges is imperative for optimizing the effectiveness of PBL in social science settings. Curriculum designers and educators must carefully navigate the intricacies of interdisciplinary education, recognizing the need for well-crafted problems that engage students in the multifaceted nature of social issues (Kilag, et al., 2023). By doing so, they can unlock the full potential of PBL to cultivate critical thinking, problem-solving skills, and a deeper appreciation for the complexities inherent in social science education.

Need for Refined Assessment Methods:

The synthesis of findings from the systematic literature review accentuated the imperative for refined assessment methods to effectively capture the multifaceted nature of social science learning outcomes within Problem-Based Learning (PBL) settings. Traditional assessment tools, as indicated by multiple studies, were considered inadequate for evaluating the holistic impact of PBL interventions, specifically in cultivating critical thinking, interdisciplinary understanding, and sustaining interest in social science disciplines (Kilag, et al., 2023).
Sukackė, et al. (2022) exemplifies the limitations of traditional assessment tools in capturing the full spectrum of outcomes associated with PBL. While traditional assessments may gauge certain aspects of knowledge acquisition, they often fall short in measuring the broader skills and attitudes developed through PBL, such as critical thinking and interdisciplinary connections.

Furthermore, the literature emphasizes the necessity for innovative assessment approaches that align with the diverse educational goals of social science disciplines within a PBL framework. Hmelo-Silver's comprehensive review (2004) highlights the evolving landscape of assessment methods in PBL, calling for strategies that go beyond conventional measures to effectively evaluate the complex learning outcomes associated with interdisciplinary problem-solving.

In light of these considerations, future research is urged to explore and develop assessment methods that can comprehensively capture the unique benefits of PBL in social science education. This involves recognizing the multifaceted nature of learning outcomes, extending beyond traditional measures, and embracing innovative approaches that align with the distinctive objectives of social science education within the dynamic context of PBL.

These key findings contribute to a nuanced understanding of the potential benefits and challenges associated with implementing PBL in social science education. While PBL demonstrates promise in enhancing critical thinking skills and influencing learning interest, the contextual intricacies of interdisciplinary education warrant further exploration to optimize the effectiveness of this pedagogical approach in diverse social science disciplines.

**Conclusion**

The systematic literature review undertaken to investigate the influence of Problem-Based Learning (PBL) on social science learning outcomes, with a specific focus on students' learning interest, has provided valuable insights into the complex dynamics of this pedagogical approach within the social science education landscape.

The review consistently highlighted the positive impact of PBL on the development of critical thinking skills across various social science disciplines. Studies consistently demonstrated that students engaged in PBL activities exhibited enhanced abilities to analyze complex issues, consider diverse perspectives, and apply theoretical concepts to real-world scenarios. This underscores the potential of PBL to serve as a catalyst for the cultivation of higher-order cognitive skills essential for success in social science education.

However, the review also revealed a nuanced understanding of the influence of PBL on students' learning interest. While some studies reported a significant increase in intrinsic motivation and interest in the subject matter, others identified contextual factors such as problem design, instructor facilitation, and the interdisciplinary nature of social science disciplines that played pivotal roles in shaping students' interest levels. Recognizing this variability is crucial for educators and curriculum designers seeking to harness the full potential of PBL in cultivating sustained learning interest in the diverse and interdisciplinary landscape of social science education.
The interdisciplinary implementation of PBL emerged as a consistent theme, presenting challenges associated with the design of authentic problems that align with the complexities of social issues. Addressing these challenges is crucial for optimizing the effectiveness of PBL in social science settings. As social science disciplines inherently involve the analysis of multifaceted issues, the ability to think critically is paramount, and PBL emerges as a potent tool for educators seeking to cultivate the higher-order cognitive abilities necessary for success in this domain.

Furthermore, the review emphasized the need for refined assessment methods to comprehensively capture the multifaceted nature of social science learning outcomes within a PBL framework. Traditional assessment tools were found to be insufficient in evaluating the holistic impact of PBL, particularly in fostering critical thinking, interdisciplinary understanding, and sustained interest in social science disciplines.

While acknowledging the challenges associated with interdisciplinary implementation and the variability in its impact on learning interest, this systematic literature review underscores the potential benefits of PBL in enhancing critical thinking skills and contributing to a dynamic, engaging, and effective social science education. Future research endeavors should focus on refining the implementation of PBL, addressing challenges, and developing innovative assessment methods to further unlock its transformative potential in social science education.

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