

Modern Ways of Bringing Up "ZET" and "ALFA" Generations in "VUCA" World Conditions

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Abstract:

This article provides information on the important aspects, methods and recommendations of bringing up "ZET" and "ALFA" generations in "VUCA" world conditions.

Keywords: parent-school partnership, "Digital parenting" method, "Parent - positive couch" method, working with children, couch, "ZET" and "ALFA".

Today's world is living in conditions called VUCA (*Volatility, Uncertainty, Complexity, Ambiguity*). This term describes the conditions of rapid change, instability, complexity and uncertainty of the modern world. In such conditions, raising "ZET" and "ALFA" generations requires special approaches.

The main goal of educating the "ZET" and "ALFA" generations in the "VUCA" world conditions is to prepare them to live and work well in rapidly changing and uncertain conditions. Since these generations were born in the era of technology and digitization, their future life will also be related to technology.

The essence of education in "VUCA" world conditions is to form students' skills such as critical thinking, problem solving, creativity and flexibility.

"ZET" and "ALFA" generations are growing up in the era of rapid development of digital technologies. Therefore, it is necessary to use digital technologies that are suitable for them in their education. For these generations, digital technology is not only a means of entertainment, but also a main source of learning.

Students are given the opportunity to learn mathematics, physics, and chemistry through platforms such as Khan Academy and Coursera through various online courses and interactive lessons. It is also possible to learn foreign languages through mobile applications - *Duolingo* or repeat topics

using *Quizlet* . Every child is unique and they have different interests and needs. Therefore , teachers should approach each child individually. Each student should have his own mentor. A mentor is a guide and helps the student in the process of choosing knowledge and profession.

We provide information about the following modern methods of education in "VUCA" world conditions.

1. Development of critical thinking. "ZET" and "ALPHA" generations should have critical thinking skills. This helps them analyze data, distinguish facts and make informed decisions in an era of rapidly changing information. Critical thinking can be developed in the lessons by solving problems, analyzing and asking questions.
2. "ZET" and "ALFA" generations will play a big role in creating new technologies and innovations in the future. To encourage them to be creative, creative activities, project work and innovative approaches should be used in the classes.
3. Flexibility is important in a VUCA world. It is necessary to teach "ZET" and "ALFA" generations to quickly adapt to different conditions, not to lose oneself in new situations and to be ready for changes. In this regard, it is necessary to perform exercises by simulating various situations and role-playing games.
4. Since "ZET" and "ALFA" generations live close and connected with technologies, it is necessary to increase their technological literacy in the course of the lesson. It is important to teach them to work with modern technologies, to use digital tools correctly. It is necessary to teach the wide use of digital tools in the lessons, to work with various programs and technologies.
5. Emotional intelligence (EI) is essential to manage stress and uncertainty in a VUCA world. Students need to be taught how to understand and manage their emotions and communicate effectively with others. Students should be given the opportunity to argue and defend their opinions on various topics. After all, students develop critical thinking and communication skills through debates.
6. In the "VUCA" world, it is important to develop students' creativity and critical thinking skills. These skills help them make the right decisions in complex and uncertain situations.
7. Students should be given the opportunity to work on projects to solve real-life problems. Through this method, students not only get knowledge, but also have the opportunity to work in a team, solve problems and develop creativity.
8. "ZET" and "ALFA" generations have their own psychological characteristics. Psychological support plays a big role in their education. Students should be given psychological training to help them manage stress, control emotions, and develop self-awareness. It is necessary to encourage and support students' interests. This is of great importance in increasing their self-confidence and expanding their opportunities for self-development.

Summary. In the VUCA world, modern and innovative approaches are required to educate the "ZET" and "ALPHA" generations. Through methods such as the integration of digital technologies, an individual approach, the development of creativity and critical thinking, and psychological support, we can help these generations live a successful and happy life. These approaches contribute greatly not only to their academic success, but also to their success in life in general.

Suggestions and recommendations

1. It is recommended to use an integrative approach in lessons, that is, to provide comprehensive knowledge to students by combining several subjects and connecting them with life situations.

2. By introducing an individual approach to students and a mentoring system, they can be developed according to their individual abilities and interests.
3. Active involvement of parents in the educational process, giving them advice on how to help their children.
4. Lessons should teach life skills such as financial literacy, communication, time management and stress management.
5. It is necessary to familiarize teachers with modern methods and technologies for teaching in "VUCA" world conditions, to organize training courses.

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