

Improving Students' Social Activity Skills and implementing it in Practice

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Abstract:

This article provides detailed information about the development of social activity skills among students studying in higher education institutions based on historical knowledge, social activity skills and their components in their development as mature individuals.

Keywords: social activity, component, empathy, communication and communication, responsibility, community, student, leadership and initiative, success, social skills, personal development, social skills, cultural development, professional and personal growth, historical knowledge, value, social problem, historical experience, interactive method, critical analysis, interactive games.

Social activity skills are the ability to actively participate in society, respond to issues related to social processes, and be beneficial to society. These skills determine how a person contributes to society, how they perceive their role in social, political, and cultural life, and how they interact with other people. Developing social activity skills in students helps to nurture individuals who contribute to society as successful and responsible persons in a changing world. Social activity refers to an individual's active participation in society. This includes engaging in social, political, economic, cultural, and environmental processes, effectively communicating with others, and expressing one's opinions. Social activity is not only about individual action but also about contributing to the development of society. These skills play an important role in maintaining stability in society, ensuring social justice, and increasing overall well-being.

Social activity skills consist of several components:

- Empathy and mutual understanding: The key aspects of social activity are interacting with others and members of society, understanding their needs, and harmonizing personal interests with common interests.

- Communication and dialogue: An important phase for an active participant is communication, expressing one's opinion clearly and openly, establishing effective communication with others, and applying constructive approaches to problem-solving.
- Responsibility: Demonstrating a respectful attitude towards society, its values and laws, as well as a willingness to contribute to societal change.
- Leadership and initiative: Being active in implementing societal change, inspiring others, taking initiative, and playing an important role in achieving success.

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The development of social activity skills in students is not only beneficial for society but also aids in self-awareness, self-development, and fostering a sense of social responsibility.

Developing social activity skills:

- Personal development: Students enhance their self-awareness by clearly expressing their opinions, evaluating and analyzing different perspectives. This, in turn, leads to personal growth and transformation.
- Developing social abilities: Students learn skills such as strengthening social relationships with others, collaboratively solving problems, and building mutual trust.
- Cultural development: Through social activity, students deepen their understanding of society's cultural aspects, traditions, and values, comprehend cultural differences, and learn to appreciate them.
- The development of social activity skills by teachers helps students find their place in society and succeed in their professional activities. Fostering social activity among students:
- Professional and personal growth: Students who develop social activity skills cultivate qualities such as leadership, initiative, and responsibility in their professional endeavors.
- Contributing to society: Through social engagement, students realize their responsibility towards society and become ready to contribute to its development.
- Engagement in cultural and social issues: Students become prepared to analyze social and cultural issues in society and take practical measures to address them using historical knowledge.

In this way, social activity skills are crucial for strengthening a student's personal, professional, and societal position. Developing such skills in students motivates them to be active, helps them make valuable contributions to society, and nurtures successful individuals capable of thriving in a changing world.

History provides students with the opportunity not only to memorize historical information by studying past events but also to learn how to apply this knowledge in modern life. The role of studying history in shaping social activity is significant, as it gives students a deep understanding of societal processes, problems, and values. **By analyzing historical events and their impact on society, as well as social, political, and cultural processes of the past, students develop their**

own activities while realizing their personal and societal roles. Historical knowledge serves to develop these skills because:

- Learning from history: Studying past social, political, and cultural processes helps understand their present-day effects and the changes they have brought about. Such learning equips students with the necessary information to increase their activity in their community.
- Understanding values: Historical events and values play a crucial role in shaping social activism on national and global scales. For instance, acquiring knowledge about historical political reforms, social equality, and the protection of rights inspires students to actively engage in society.
- Analyzing social problems: By studying historical processes, students can analyze issues such as past political crises, wars, and struggles for justice. These processes enable students to recognize which problems need to be addressed in society when developing social activism.
- Learning from past successes and mistakes: Knowledge about past social and political successes (e.g., independence, human rights movements) and mistakes (e.g., totalitarianism, discrimination) teaches students how to approach social activism today.
- Applying historical experiences practically: Past social experiences help apply practical knowledge in solving societal problems. Through historical knowledge, students understand societal changes and how to engage in social activism.

Pedagogical methods and techniques are crucial in developing social activity based on historical knowledge. By encouraging students to actively participate in studying history, allowing them to express their opinions freely, organizing group work, and analyzing historical events in a modern context, it is possible to develop social activity skills. **Pedagogical methods and strategies:**

- Analysis of social problems: By studying historical processes, a student can analyze issues such as past political crises, wars, and struggles to ensure justice. These processes allow students to understand what problems need to be solved in society when shaping social activity.
- Learning about past successes and mistakes: Knowledge about past social and political successes (e.g. independence, human rights movements) and mistakes (e.g. totalitarianism, discrimination) teaches students how to approach social activism today.
- Practical application of historical experience: Past social experience helps to apply practical knowledge in solving problems in society. Through historical knowledge, students understand changes in society and how to engage in social activity.

Pedagogical methods and techniques are of great importance in the development of social activity based on historical knowledge. By encouraging students to actively participate in the process of studying history, allowing them to freely express their opinions, organizing group work, and analyzing historical events in a modern context, it is possible to develop social activity skills. **Pedagogical methods and strategies:**

Interactive methods: Providing students with information about historical events in an interactive manner (discussions, role-playing games, group projects).

- Critical analysis: Analyzing historical events from a contemporary perspective and providing students with the opportunity to freely express their opinions.
- The methodology used in studying history is of great importance in preparing students for social engagement. In addition to traditional methods, interactive approaches, creative techniques, and methods that allow students to express their thoughts openly are used in teaching historical knowledge.

- Interactive teaching methods: It is important not only to provide students with information about past events through interactive methods of studying history, such as organizing group work, discussions, and interpretations, but also to allow them to express their opinions and assess historical events from a contemporary perspective.
- Group work: By organizing group activities among students, analyzing historical events, discussing approaches to socio-political issues, and making collective decisions based on historical facts, it is possible to foster the development of social engagement. This process encourages students to actively participate in solving social issues in society.
- Discussion and interpretation: Discussing historical events and interpreting them from different perspectives develops students' critical thinking skills and increases social engagement. Students learn to freely express their thoughts by evaluating historical events and their impact on the present.

Social responsibility: Studying history helps students increase their sense of responsibility towards societal changes. In analyzing historical events, students not only understand the social and political situations of the past but also recognize the need for active participation in society today.

- Political responsibility: Studying history also helps students develop political responsibility. By analyzing political changes and social crises, students understand the need to influence political processes in their communities and contribute to their development.
- Global responsibility: Historical knowledge encourages students not only to take a responsible approach to the social and political processes in their own country but also to pay attention to events happening on a global scale. This, in turn, teaches students to actively participate in solving global problems, ensuring social justice, and fostering a sense of global responsibility.

Online educational resources and platforms allow students to learn historical knowledge more effectively. These platforms provide students with access to online courses, webinars, virtual libraries, and educational materials. Virtual excursions enable students to visit historical places. Virtual tours provide students with the opportunity to explore historical sites, view historical events, and examine historically significant locations. This technology helps students understand historical knowledge and develop their social engagement.

Modern pedagogical technologies serve as effective tools for developing students' social engagement skills. Through online resources, virtual simulations, gamification, and discussions, students are presented with new, innovative methods for learning historical knowledge. These methods help increase students' social activity, develop critical thinking, and analyze historical events from a contemporary perspective. As a result, students cultivate an active and responsible attitude towards societal changes and a readiness to contribute to society. National and international experiences play a crucial role in developing effective methods to encourage students' active participation in developing social engagement skills based on historical knowledge. These experiences help identify effective ways to increase social activity and promote student engagement in society through methods, approaches, and practices used in educational systems. Alongside national experience, international experience allows for the study of innovative pedagogical approaches in fostering students' social engagement skills.

In Uzbekistan, the national education system employs several successful methods for developing social engagement skills based on historical knowledge. Uzbekistan's education system utilizes numerous interactive methods and practices to teach students not only how to memorize historical information but also how to apply it to social processes.

In conclusion, historical knowledge can be used to develop students' skills in responsibility, leadership, and creative approaches. These skills help students present themselves as successful

individuals not only in the learning environment but also in society. Educational methods and innovative technologies play a significant role in enhancing students' thinking skills based on historical knowledge. New pedagogical technologies used in teaching historical knowledge, such as online platforms, virtual simulations, group work, and interactive activities, help students learn more effectively.

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