

# Improving the Preparation of Students for Spiritual and Educational Activities in the Field of Music Education

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## **Abstract:**

This article broadly covers the content and pedagogical features of preparing future music teachers for spiritual and educational activities. The problem of forming their knowledge, skills and qualifications in accordance with modern requirements in preparing future music teachers for spiritual and educational activities is discussed.

**Keywords:** future music teachers, spiritual and educational activities, professional activities, pedagogical features, pedagogical factors.

National values, awareness of national identity, national idea, spiritual and moral education, the invaluable heritage of our ancestors, etc. form the basis of spiritual and educational activity. The formation of a harmonious generation of individuals on the basis of spiritual and educational activity is one of the most urgent problems of today.

Today, it is necessary for young people, who are the main foundation of society, to be spiritually harmonious. Because spiritually formed young people can relate to society correctly and fairly, organize work in labor teams, and master the scientific and practical factors of increasing labor productivity.

Today's Uzbekistan needs more spiritually harmonious, physically healthy, selfless children. Spiritual weakness, blindness are the result of superstition and ignorance. An ignorant person cannot be a steadfast, loyal, selfless person to a just Motherland. Life consists of creativity and struggle. Independence requires hardworking, enterprising, fighting, and spiritually mature people.

Spirituality is directly and indirectly related to the concept of enlightenment. After all, without enlightenment, there is no spirituality and never has been. A person's spirituality is formed by the light of enlightenment. That is why the founders of the doctrine of imagination called enlightenment the science of the inner. Accordingly, the historian Ibn al-Arabi referred to enlightenment by saying, "Enlightenment is sent by the Truth. This is not my opinion, but divine inspiration."

"Enlightenment," it is emphasized in the Mustakillik Explanatory Scientific-Popular Dictionary, (from the Arabic word "arafa" – "to know") – is an activity aimed at raising the consciousness, knowledge, and culture of people based on a set of educational, economic, political, philosophical, and religious ideas" [3,116].

New ideas and reflections on spiritual maturity, intellectual education, and the lessons of the Eastern and Western experience of human development are also part of the center's activities.

The essence of spiritual and educational activities is a source that serves to feel spiritual roots, understand national pride and identity, and increase their contributions to the treasury of world culture.

The scope, nature and results of the people's and society's acquisition of spiritual, scientific, and cultural heritage largely depend on the spirituality of independence. Because in this, spirituality serves as a "guiding star" that finds the right direction for human values, and plays an important role in forming the spiritual environment necessary for our society today and in the future in studying the spiritual heritage of our people.

"Spirituality" (Arabic "ma'naviyat" – a set of meanings) – a set of philosophical, legal, scientific, artistic, moral, religious ideas and concepts of people. Spirituality is close to the concepts of ideology, thought, and they require each other" [3,144]. According to the definition, spirituality is a source that reflects a person's philosophical, legal, religious and moral ideas, and accordingly, it is a wealth that brings people closer to each other and helps them achieve harmony, opening up new horizons of cooperation. Spirituality gives a person stability in life, his views do not allow him to live on the path of acquiring wealth, spirituality strengthens the will in days of material difficulties.

Our spirituality, history, and values form the basis of our youth, encouraging them to respect and develop these riches, to build a country with strong economic development in the future, and to acquire modern knowledge and high experience in our youth. The essence of the concept of spirituality is that it unites people of different nations and countries. Our spirituality has been formed over the centuries by the fate of millions of people. It is a whole world for a person. Spirituality is as necessary for a person as air and water. The meaning of spirituality is loyalty to the land, people, our independent state, family, parents, children, relatives, neighbors, respect for people, trust, memory, conscience, and freedom.

Spirituality has a very deep and broad meaning, and it includes such wonderful qualities and qualities as consciousness, intelligence, perception and thinking, humanity, kindness, generosity, compassion, faith, hard work, patriotism, honesty, purity, respect for nature, love and appreciation of science, literature, art and culture, loyalty to national and universal values, respect and appreciation of oneself and people of other nationalities, their language, history, culture, customs and traditions, etc. The core of the word spirituality is meaning. It is also used as meaning. A person who seeks meaning in the world strives for spirituality.

Spirituality is a rich factor and foundation of the morale of society and the nation. Therefore, spirituality is an extremely broad concept, encompassing enlightenment, culture, morality, art, literature, etc. That is why strong attention is paid to spiritual issues in independent Uzbekistan.

It is also deeply analyzed that the essence of human spirituality is a holistic system of intellectual, moral, scientific-practical, ideological qualities that are inextricably linked to each other. Patriotism, nationalism, feelings of national pride, respect for the native language, protection of nature, support

for the spirituality of the motherland, the independence of our state in any circumstances, respect for our oriental customs, laws, and national values, are all qualities related to spirituality.

“Enlightenment – it is emphasized in the Mustakillik explanatory scientific and popular dictionary, (from the Arabic word “arafa” – “to know”) – is an activity aimed at developing the consciousness, knowledge and culture of people based on a set of educational, economic, political, philosophical, religious ideas” [3,116].

Enlightenment is an educational and educational process aimed at transferring the knowledge accumulated by ancestors during the historical development of human society to future generations. In this regard, it is difficult to separate the concepts of spirituality and enlightenment from each other.

The importance of spirituality and enlightenment in human development and socio-political development is very great. Because, the worldview of a person who has formed the concepts of spirituality and enlightenment changes, and the content of his activity considers the fate of independence, the promotion of the spiritual perfection of the people, the development of national spirituality, the development of national enlightenment, and the enjoyment of the products of the thinking of the peoples of the world, as the main content of his activity. Taking this into account, the spiritual and educational content is realized in activity.

“Activity” is a process in which one or another action of a person is understood, and this action is directed towards a specific goal. Activity is the internal (mental) and external (physical) activity of a person, guided by a perceived goal.[96,97].

The main feature of activity is that it arises as a need that is the source of activity, and is distinguished by a perceived goal that is the guide of activity. Activity is a purposeful action aimed at satisfying the needs of the individual.

The concepts of “spirituality”, “enlightenment” and “activity” are inextricably linked and mutually require each other. Together they form a single concept.

Spiritual and educational activity is a source that serves to feel one’s spiritual roots, to understand national pride and identity, to increase their contribution to the treasury of world culture.

The scope, nature and results of the people’s and society’s acquisition of spiritual, scientific and cultural heritage largely depend on the spirituality of independence. Because in this, spirituality serves as a “guiding star” that guides human values and plays an important role in forming the spiritual and educational environment necessary for our society today and in the future in studying the spiritual heritage of our people.

The essence of spiritual and educational activity is to cooperate in forming an ideology that unites all peoples living in our republic in their aspirations and prosperity, serves to achieve great universal human values - interethnic peace and civil harmony, law, social justice, and the primacy of human rights, to develop advanced national traditions, customs, and cultures of all peoples, to strengthen cooperation between them, to expand the sphere of influence on each other, and to create opportunities for them to enrich each other; Strengthening and developing mutual contacts, joint action, and mutual enrichment between the cultures of Uzbekistan and the peoples of the world.

Strengthening the essence of spiritual and educational activity means taking care of its development as a modern culturally developed state and society. This includes every person who is a member of this society[2].

Indeed, the issue of forming the spirituality of a free citizen, a free person, is carried out on the basis of spiritual and educational activity. In the process of spiritual and educational activity, free, well-rounded people are brought up who recognize their rights, rely on their own strength and

capabilities, approach the events and phenomena happening around them with an independent attitude, and at the same time see their personal interests in harmony with the interests of the country and the people[3].

Spiritual and educational activity should be carried out in the daily life of a higher educational institution, in labor, creative, public, in short, in all activities, and should be aimed at making the citizen of Uzbekistan a believer and truly loyal to his Motherland. The Constitution of the Republic of Uzbekistan on the foundations of state independence of the Republic of Uzbekistan, the flag of Uzbekistan, the coat of arms, the anthem of Uzbekistan - this is a symbol of our Uzbekness, our rights, our freedom, our independence, independence and prospects, strengthening the solid foundation of Uzbekistan - is the basis of spiritual and educational activity.

The goal of spiritual and educational activity is to form a cultured, enlightened, well-rounded person who can inherit the national heritage of our people and appreciate its universal wealth. For this, each teacher must form such human qualities as faith, belief, loyalty in his students, and educate them on the basis of the idea of national independence.

Today, every student should widely use the unique culture, rare values, traditions, customs of our people, which have been formed over the centuries, such as morality, decency, honesty, faith, conscience, piety, justice, humanity, which are further developed due to the ideology of national independence, in the process of education and upbringing[5].

Because today's student should be respected by the moral and decent population of the world based on the ideology of national independence. Therefore, given that for many years the concept of spiritual and educational activity has not been deeply studied either in the educational process or in scientific research, there is a need to form the skills and qualifications of higher education students to acquire spiritual and educational knowledge and apply it to life. After all, it is an important means of forming a well-rounded personality based on the idea of national independence.

That is why it is important to form a national consciousness, national pride, a sense of self-awareness, a sense of pride in one's homeland and people, a sense of national dignity, responsibility, patriotism and people's love in the personality of a harmonious generation. At the same time, the implementation of national traditions and enlightenment experiences in the educational process increases students' interest in studying the spiritual heritage of our people.

This will help strengthen and develop the prospects and independence of independent Uzbekistan, ensure stability, peace, interethnic and civil harmony in society. It encourages the spiritual purification and elevation of a person. It enriches the inner world of a person. The main goal of spiritual and educational activities is to bring up the personality of a harmonious generation, to turn them into true citizens and conscious devotees of our society.

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