

The Role of Education in Personal Development

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Abstract:

The article discusses external factors that influence a person's maturity, such as the educational environment, the nature of education, the role of the teacher in the formation of positive qualities in a person with a clear goal and regular educational activities.

Keywords: Perfect person, education, school, physical development, ability, leadership, scientific concept, ability, competence, skill, hard work, aesthetic, physical and volitional development.

Education is one of the external factors that affect human development, like the environment. The feature of education is that it is carried out regularly under the guidance of an educator, aiming at a specific goal and forming positive qualities in a person. But the strength of the influence of upbringing and its result are determined by the cooperation of factors such as heredity and environment. Human maturity is determined not only by heredity and natural abilities, but also by the characteristics and qualities acquired under the influence of the reality that surrounds him throughout his life [1, 2].

Undoubtedly, upbringing cannot affect the color of a person's eyes, hair, skin, body structure, but it can affect physical development. Because the child's health is strengthened and trained through specially organized physical exercises [3, 4]. The natural ability of a person can be developed only through education, by involving him in a certain type of activity.

It is known that hard work and hard work are needed to develop a child's ability, turn it into a skill and grow it in a way that is suitable for life. Qualities such as diligence and constant work are qualities that can be acquired only as a result of education [5, 6]. Although there are several factors

that affect human maturity, the educational process carried out under the guidance of an educator in special educational institutions is the leading one. Because first of all, under the influence of education, various qualities are mastered and knowledge, information is acquired, skills and competencies related to work and technical activities are formed through specially organized education [7, 8].

Secondly, due to upbringing, it is possible to change the congenital defects and bring the person to maturity. For example, the blind and disabled are also educated and prepared for life along with healthy people. Thirdly, with the help of education, it is possible to eliminate or eliminate the negative effects of the environment. Fourthly, education always sets a goal for the future. Due to this, it plays the role of accelerating the maturation of the individual [9, 10]. School is very important for human development. When children enter school, they are busy with academic work. Along with learning the basics of science at school, children gradually develop a scientific outlook. Under the guidance of teachers-educators, they acquire high human qualities.

Organization of educational work on the basis of a plan provides support to the family at all times in raising a child. An educator can be aware of the family situation of his or her child, provide pedagogical advice, and help families who need help. For the educator, it is not unimportant who the child spends his free time with and what he is doing [11, 12]. Because a child who is left to his own devices may succumb to the negative influence of the street.

In conclusion, it should be said that a person develops only in activity, there is no development outside of it. From a very young age, the child interacts with the external environment with the help of adults. At school age, these connections are linked to reading and other related activities, and these are considered sources of development [13, 14].

Any activity that is properly organized pedagogically affects the mental and willful development of a person. So, as the child grows up, his activity changes in harmony with its form and content. For example, if the main activity of children in kindergarten age is play, then studying and working will be the main activity for a school student. Therefore, the interaction of activities in the child's life will also change, and due to this, the child's development will rise to a new, higher level [15,16].

In general, any activity that is properly organized pedagogically affects the mental, moral, aesthetic, physical and voluntary development of a child's personality. And unguided activities can have one-sided or negative effects [17, 18]. Thus, the scientific concept of human development analyzes the factors that affect human maturity and emphasizes that human maturity and the formation of his personality is a single and integrated process.

Human activity plays a major role in this process. He can shape his personality by his activity. If the goal set by the educator is clear and the person works diligently to achieve this goal, the expected result will be achieved.

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