

Social- Psychological Interpretation of Family Environment

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Annotation:

This article talks about the mental environment in the family and the processes taking place in it. The role of the family in the upbringing of a child is very important. This article also contains the opinions of famous scientists.

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The family is the smallest state, each member has a place in it, and everyone is responsible for the peace of the family. The role of these families in the peace of the country is very important. Disagreements that are taking place in families today will certainly have an impact on the society as well. What will be the future of children brought up in an unhealthy environment, first of all, they are merciless and selfish towards their parents and relatives. One of the philosophers who tried to express educational relations in the family in his works is Abu Nasr Farabi. He enriched the theory of ethics with his moral views in almost all his works. An example of this is his work "The City of Virtuous People". According to him, the happiness in the perfection of a real person is their love for each other, the loss of mutual dominance. At the same time, peace in the family, sincere relations and kindness in it ensure the stability of the family and lead to the happiness of happiness. He also emphasizes that every parent is a mentor for their children in their family. After all, they are the only ones who teach the first ideas about the motherland in the child's education.

The thinker's views on education are still relevant today. Another great scientist of the Middle Ages is Abu Rayhan Beruni. He is one of the well-known figures who earned his place with his encyclopedias. If Farabi talked about the softness and hardness of education, Beruni also connects his theory with ethics and expresses unique opinions. For example: in his works "Monuments of

Past Generations", "Geodesy", "Mineralogy", the personality of a person, which name he belongs to, family etiquette, education issues, intelligence, genealogy, patience such features are considered. In his work "Monuments of the Past Generation", he quotes the following sentence - "As long as a person exists, first of all, he works together with his relatives, understands each other, cares for himself and others. they have to take care of it", he says.

Beruni is a scientist who has expressed unique opinions. He believes that every moral rule in a person is determined first of all by his observance of cleanliness. It is important to note that a person should wash his face, hands, teeth, cut his nails on time, and wash his hair often. After all, according to him, cleanliness of the body certainly has a direct effect on the soul of a person. If such cleanliness is considered as an important factor, there is a reason that it is believed to ensure the strength of mutual relations of the couple in the family. Beruni considers man to be in control of his emotions. He believes that a person should give up his negative aspects and, first of all, be an example to his family and show his influence on the environment in the life of society. Today, while we are thinking and reflecting on family relationships, we can't help but dwell on the views of physician and scientist Abu Ali Ibn Sina, who gave many recommendations for improving the family environment. It would not be a mistake to say that the views of the thinker, which he expressed in his time, are still relevant today. He approaches various aspects of the family pedagogically and psychologically, paying special attention to each point.

Saying that the role of the head of the family in raising children is very important, if the head of the family is broad-minded and punishes the children in the family with thoughtful punishments rather than physical punishment for the child's mistakes believes that he will not repeat this mistake later. Mabodo states that if the head of the family is undisciplined and indulges in negative situations, it will not affect the upbringing of the children and that one day these children will grow up to be like their parents. . Such ill-educated parents punish their children harshly with severe physical injuries, and bad qualities such as hostility and self-doubt prevail in their children. Therefore, every adult person, even if they are heads of state, is first and foremost a parent. Ibn Sina says that parents should not only educate a child with wisdom and example, but they should also show it in practice. There is a wise saying in our people: "A bird does what it sees in its nest." So, we can see how theoretical and practical aspects of education have a lot of meaning at its core. Ibn Sina paid great attention not only to the upbringing of children, but also to the relationship between husband and wife in the family. The couple's understanding of each other and their duties have also been discussed a lot.

He believes that the atmosphere in the family should be built on the basis of mutual respect and trust between the couple. He says that the core of such an atmosphere in the family is determined by attention and care for the woman. If in a family a man takes care of his wife's honesty, shows love and protects her, such families live in peace. He also writes that a woman should respect her husband and show kindness to him. The strength of the family often goes back to the material aspect. Frequent family disagreements lead to a disturbance of peace in him, and the material side may be at the basis of this. In order to prevent this from happening, he talks about involving his grown-up children in some kind of profession, and gives ideas about the place of the profession in human life. Everything is aimed at strengthening the family, and if the children learn some profession in their adulthood, they will not have difficulties in life. Another aspect of vocational training for young people is that it is aimed at effectively spending their free time: learning a profession, doing necessary work, etc. If young people are engaged in such activities, they can spend their time on various things, causing bad consequences and getting involved in quarrels. Otherwise, they can easily be influenced by others without having a personal opinion. Such situations affect not only people, but also family members. Such families are dangerous for society.

In conclusion, it should be said that the views of our ancestors on family relations and manners are very appropriate not only for their time, but also in the current complex era. In the upbringing of young people, the teachings of ancestors cause them to acquire more knowledge. Just as there is no future without history, generations cannot develop without the paths and lessons of ancestors. Also, each of their words serves as a foundation for young people at every step.

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