

The External and Internal State of a Person

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Abstract:

In this article we will talk about the external and internal state of a person.

Keywords: *Man, personality, intelligence, self-complex.*

The wisdom of Mother Nature is aimed at ensuring that every being who comes to Earth can maximize the power of his consciousness in the transformation of matter. Each person comes into life with his own individual mission, constantly adjusts the individual program, the implementation of which promotes him in the evolutionary ascent. The whole person participates in the implementation of the program and mission as a single and integral self-developing supersystem. But very often our mind is identified with any one formation and directs all its forces to the development and research of this particular structure, which makes it difficult to fulfill the mission. In the holistic human system, such a large entity and the most important structure is the "I-complex". In psychology and pedagogy, the concept of "personality" does not have a clear and unambiguous definition. There are many concepts of personality in Russian and foreign psychology.

The answer to the question: "What is personality?" It depends on the versatility and depth of the translator's intelligence. It is generally believed that a person is understood as a carrier of consciousness or something relatively stable, durable, endowed with higher values, wisdom, and therefore the authority to control not only his own life, but also the lives of other people and living beings. In fact, we do not have such a stable and independent center called "personality", we are always different, dynamic, fluid, changeable.

We consider the human structure as a continuum, a relatively harmonious unity of the external personality, inner individuality, soul and spirit. An external personality is a transitional life image that we create in relation to ourselves, to another, and that other people create in relation to us. We live in a world of subjective, unreal, fictional images, and there are communication links between images that also do not carry the truth. Real, genuine relationships between people completely disappear as a person socializes and are replaced by pseudo—relationships - the relationships of external personalities. Objective, true relationships between people are established at the level of

inner personalities and their souls. In transpersonal psychology, the inner personality and soul are defined by the concepts of "essence", "inner man", "self", "higher self".

A huge amount of research has been devoted to the study and description of the external personality or "I-complex" in various fields of science, religion and fiction. In fact, all modern scientific psychology and pedagogy study nothing more than the mental field of a fragmentary personality, its consciousness and the unconscious. The study of mental structures that go beyond the external personality into the parapsychic worlds is just beginning, which is reflected in transpersonal psychology, existential psychology, depth psychology, integral psychology, Christian psychology, psychosynthesis. A social personality consists of energy-informational fragments and is not an innate formation, it develops on the basis of archetypes of the entire world culture in the process of upbringing, training, self-development and reflects the process of self-knowledge of the external world by a person. The consciousness of a fragmented personality is shaped by the cultural and historical context or by the communications that arise between the individual and society. The individual is a person in his external and internal relations. The newborn gradually learns, builds up the outside world and at the same time becomes an integral part of it.

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